

National Drug Take Back Day

Old and unused medications that are not properly disposed of can pose a serious threat to you and your loved ones. On this National Prescription Drug Take Back Day, Healthy State Alliance shares how to safely dispose of your old and unused prescriptions.

How to safely dispose of your medications



Toss them



Check if your medication is on the **FDA flush list**

NO

If no, mix (don't crush) your meds with cat litter or used coffee grounds. Put this mixture in a sealed container and throw away.

YES

If yes, flush your medication down the toilet.



Scratch out all personal information on the bottle and recycle/throw it away



Drop them

Find a take back location near you by visiting the **DEA's website**

TAKEBACK

Healthy State Alliance

 THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

BON SECOURS
MERCY HEALTH